



Recipe Card

Mom Knows Best!

Best Use

As a mealtime discussion activity celebrating mom's love

Nutritional Value

A fun way to show how much mom knows about the personality, likes and dislikes of each family member

Advance Preparation

- Before the meal ask Mom to secretly complete the questionnaire about herself and every other member of the family. Seal her answers in a top-secret envelope to reveal at the end of the meal.

Serve It Up

- At the start of the meal give each person a copy of the preference choices to guess how Mom answered.
- During the meal have each person share how he/she would answer each question for themselves.
- Ask Mom to reveal her answers for each person to reveal how well she knows each person in the family.
- Then ask Mom to reveal her own answers so everyone else can score how well they know her.
- Award the grand prize to the highest scoring child: An all-expense paid trip to ice-cream (or cookies) with Mom!

Who Knows Who Best?

Guess the other person's preference for each set of options.

I Like...

- | | | |
|-------------------------------------|-----------|------------------------------------|
| <input type="checkbox"/> Chocolate | <i>or</i> | <input type="checkbox"/> Vanilla |
| <input type="checkbox"/> Board Game | <i>or</i> | <input type="checkbox"/> Card Game |
| <input type="checkbox"/> Morning | <i>or</i> | <input type="checkbox"/> Evening |
| <input type="checkbox"/> Cats | <i>or</i> | <input type="checkbox"/> Dogs |
| <input type="checkbox"/> Movie Out | <i>or</i> | <input type="checkbox"/> Movie In |
| <input type="checkbox"/> Lake | <i>or</i> | <input type="checkbox"/> Pool |
| <input type="checkbox"/> Popcorn | <i>or</i> | <input type="checkbox"/> Candy |
| <input type="checkbox"/> Spring | <i>or</i> | <input type="checkbox"/> Fall |
| <input type="checkbox"/> Juice | <i>or</i> | <input type="checkbox"/> Milk |
| <input type="checkbox"/> Ice Cream | <i>or</i> | <input type="checkbox"/> Cookies |
| <input type="checkbox"/> Pizza | <i>or</i> | <input type="checkbox"/> Burger |

I Would Rather...

- | | | |
|---|-----------|---|
| <input type="checkbox"/> Read a book | <i>or</i> | <input type="checkbox"/> Watch a movie |
| <input type="checkbox"/> Live in the past | <i>or</i> | <input type="checkbox"/> Live in the future |
| <input type="checkbox"/> Go camping | <i>or</i> | <input type="checkbox"/> Stay at a hotel |
| <input type="checkbox"/> Be able to fly | <i>or</i> | <input type="checkbox"/> Turn invisible |
| <input type="checkbox"/> Meet Moses | <i>or</i> | <input type="checkbox"/> Meet Paul |
| <input type="checkbox"/> Cook together | <i>or</i> | <input type="checkbox"/> Eat out together |

Tally everyone's score to find out who knows who best!