



# Recipe Card

## ***Love and Respect***

### **Best Use**

As a date night discussion guide

### **Nutritional Value**

Helps husbands and wives become intentional about meeting their mate's greatest need

### **Advance Preparation**

- Schedule a dinner or coffee date
- Each spouse should listen to the 20 minute "Love and Respect in Marriage" talk by Dr. Emerson Eggerichs (Download available from the HomePointe podcast at iTunes).
- Each spouse should spend a few minutes writing down answers to the questions on the reverse side.

### **During The Date**

Spend 15 minutes discussing your answers.

*Getting Honest About*  
**Love and Respect**

**HUSBANDS**

Read aloud Ephesians 5:25-28 and answer the following questions...

- Do you agree that your wife's primary marital need is to be cherished by you?
- What are some of the ways you try to show her sacrificial love?
- What are 2-3 ways she needs you to show love but that you might find difficult?
- What do you think your wife would say if invited to offer a few "baby step" suggestions on better meeting her needs?

**WIVES**

Read aloud Ephesians 5:22-24 and answer the following questions...

- Do you agree that your husband needs to feel respected?
- What are some of the ways you try to show that you admire and respect him?
- What are 2-3 things he would appreciate but might be more difficult for you to do?
- What do you think your husband would say if invited to offer a few "baby step" suggestions on better meeting his needs?

**TOGETHER**

Read aloud Ephesians 5:31-33. Then hold hands and pray these words...

*Dear God:*

*Help us to better fulfill the purpose of our marriage by modeling the relationship between Christ and His Bride.*

*Amen*